
9780241341032 Everything is Figureoutable

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Descriere: 'This book delivers a knockout punch to whatever is holding you back' Cheryl Strayed, author of Wild Do you ever have trouble finishing what you start? Do amazing ideas come to you all the time but after the initial excitement wanes you struggle to follow through? If you're creative and ambitious, the answer is likely yes. The problem isn't you. It's not that you're not hardworking, intelligent or deserving, but that you haven't yet installed the one key belief that will change everything: Everything is figureoutable. Whether you want to leave a dead-end job, heal a relationship, grow a business, master your money, or just find two free hours in your day, Everything is Figureoutable will train your brain to think more positively and help you break down any dream into manageable steps. Inside you'll learn: - How to deal with criticism and imposter syndrome - Why it's crucial that you strive for progress not perfection - How to bounce back from failure - How to overcome a lack of time and money You'll also hear triumphant stories of everyday people using the everything is figureoutable philosophy to transform their life. Everything is figureoutable is more than just a fun phrase to say. It's a practical, actionable discipline. And it's about to make you unstoppable. 'Smart, funny, and as brilliant as it is straightforward. LOVED it!' Brené Brown, author of Daring Greatly 'This book will change lives' Elizabeth Gilbert, author of Eat, Pray, Love and Big Magic 'An unapologetic gu
